



How to Paint with Tea and Coffee



ADULT SUPERVISION REQUIRED!

Materials required:

- 2 Cups or mugs
- 2 teaspoons and 2 tablespoons
- Boiling water
- 2 tea bags
- 3 teaspoons of instant coffee granules
- 4 egg cups or other small containers
- Paintbrush
- Paper or card
(watercolour paper is great if you have it!)



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Instructions

1. Boil some water.
2. Put 2 tea bags into one mug, and 3 teaspoons of instant coffee into the other.
3. Pour just enough boiling water into each mug to cover the teabags and coffee. Be careful!
4. Stir the coffee and squeeze the teabags with a spoon.



5. Leave for 5 minutes. The colour of the water will darken.
6. Remove the teabags from the mug. Pour one tablespoon of the tea into an egg cup.
7. Pour a small amount of water into the mug with the tea. The tea should now be a lighter colour. Pour one tablespoon of this into a second eggcup.
8. Pour one tablespoon of coffee into a third eggcup.
9. Pour a small amount of water into the mug with the coffee. The coffee should now be a lighter colour. Pour one tablespoon of this into the last eggcup.
10. You now have 4 different colours to paint with!



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Tips!

- Remember to wipe your paintbrush on the edge of the eggcup or container after you dip it in, so that your page doesn't get too wet.
- It helps if you let one colour dry before moving on to another colour.
- The colours will darken a bit as they dry.
- Use different sized paintbrushes for different effects.
- Don't have any paintbrushes? See if you can find any old make-up brushes (ask the owner first!). You can also use cotton buds, an old toothbrush, a feather or a bottle brush!
- Here are some ideas for you to paint: a tree, a landscape, a bunch of flowers, a cup of tea or coffee, a portrait, a dog, cat or other animal. Have fun!

